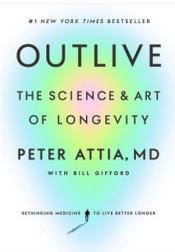


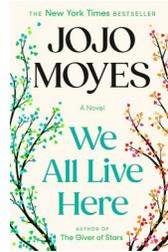
# Summer Reading Challenge 2025

## Week 8 Adult Books:

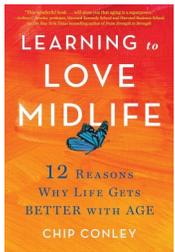
### "Level Up!"



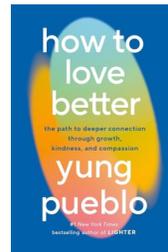
***Outlive: The Science & Art of Longevity***  
By: Peter Attia  
& Bill Gifford



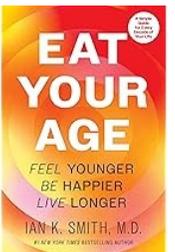
***We All Live Here***  
By: Jojo Moyes



***Learning to Love Midlife***  
By: Chip Conley



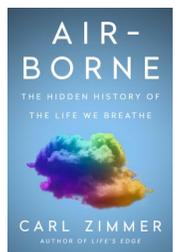
***How to Love Better***  
By: Yung Pueblo



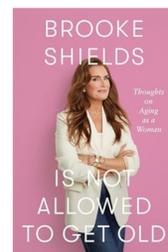
***Eat Your Age***  
By: Ian K. Smith



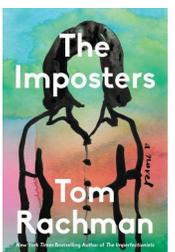
***The Celebrants***  
By: Steven Rowley



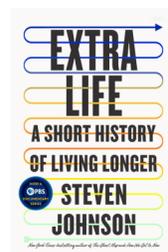
***Air-Borne***  
By: Carl Zimmer



***Brooke Shields is Not Allowed to Get Old***  
By: Brooke Shields & Rachel Bertsche



***The Imposters***  
By: Tom Rachman



***Extra Life***  
By: Steven Johnson