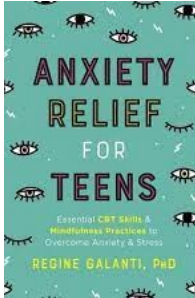
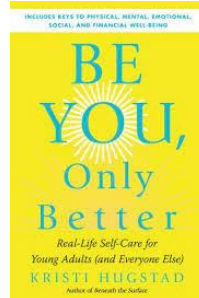


Summer Reading Challenge 2023

Teen's Week 4: Be Kind to Yourself



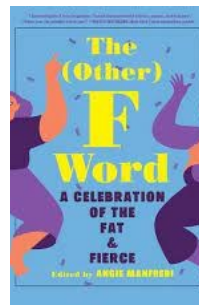
*Anxiety Relief
For Teens*
By: Regine Galanti



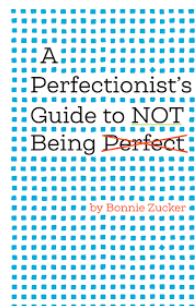
Be You, Only Better
By: Kristi Hugstad



*Rookie On Love:
45 Voices on Romance,
Friendship, and Self-Care*
By: Tavi Gevinson



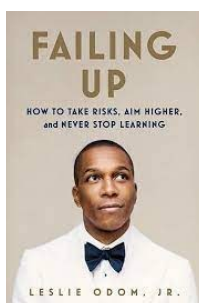
The (Other) F Word
By: Angie Manfredi



*A Perfectionist's Guide
To Not Being Perfect*
By: Bonnie Zucker



Take The Good
By: Gina Biegel



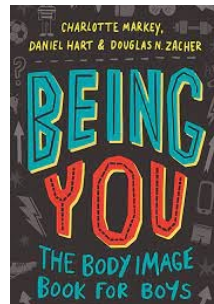
Failing Up
By: Leslie Odom Jr.



Friday I'm In Love
By: Camryn Garrett



Trans Teen Survival Guide
By: Owl and Fox Fisher



*Being You: The Body Image
Book for Boys*
By: Charlotte Markey,
Daniel Hart,
& Douglas N. Zacher



*Magical Girl's Guide
To Life*
By: Jacque Aye

