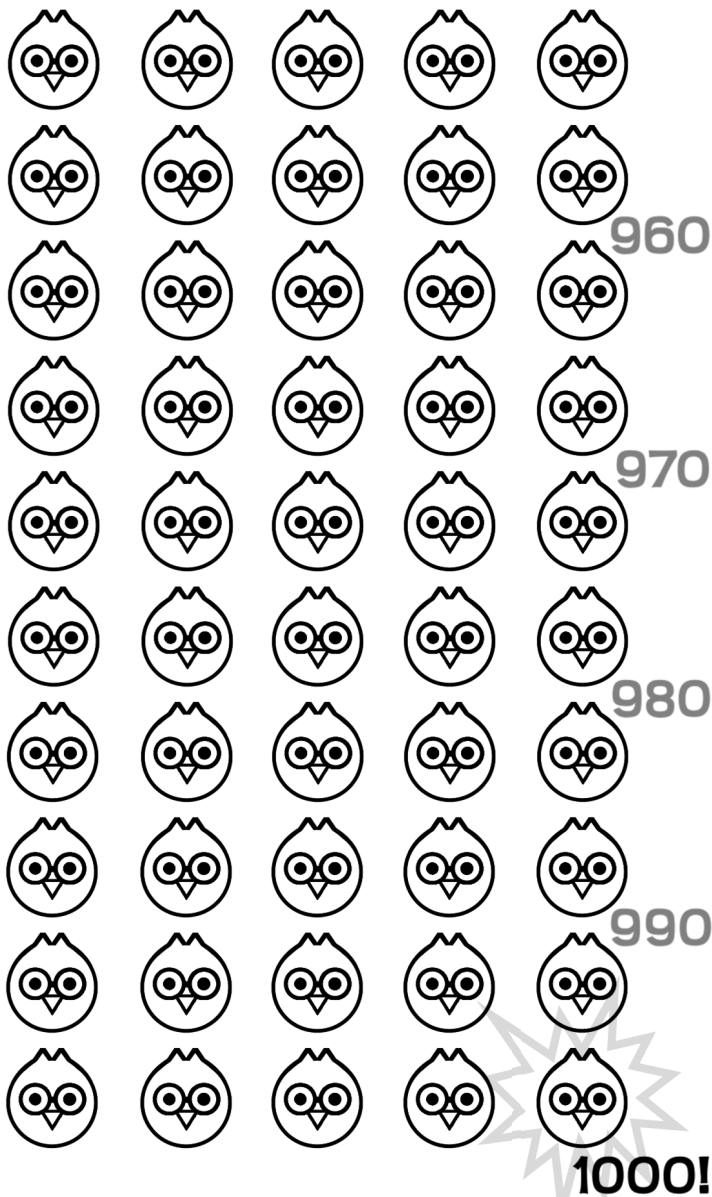




Name _____

1000! READING TRACKER

Color an owl for every book you read!



Earn a prize for every 100 books read!

For prizes, call the library or email

growingreaders@albanypubliclibrary.org

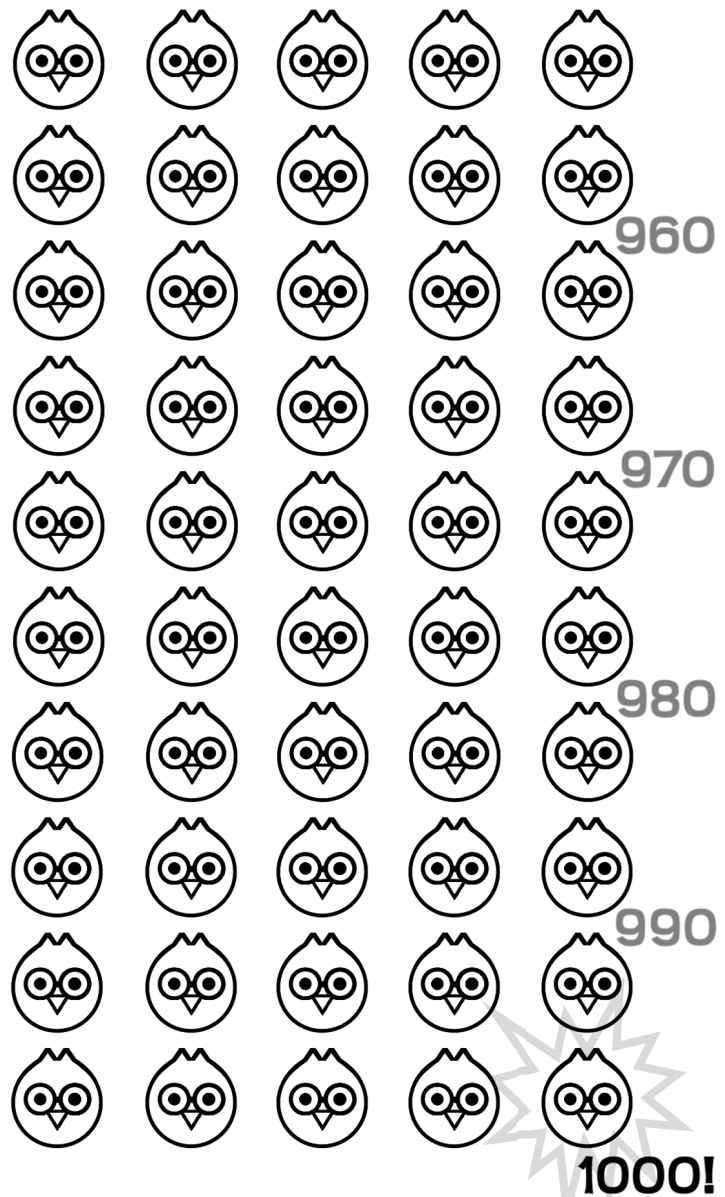
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Here are other great ways to help grow YOUR reader:

“Head to Toe”

Baby (0-12 months): When bathing or dressing your baby, point to their different body parts and say them out loud.

Toddler (1-3 years): Sing and act out “Head, Shoulders, Knees, and Toes” or “The Hokey Pokey.”

Head, Shoulders, Knees, and Toes

Head, shoulders, knees and toes, knees and toes

Head, shoulders, knees and toes, knees and toes

Two eyes and ears, one mouth, and nose

Head, shoulders, knees and toes, knees and toes

The Hokey-Pokey

You put your right foot in, you put your right foot out

You put your right foot in, and you shake it all about

You do the Hokey-Pokey, and you turn yourself around

That’s what it’s all about! (Clap)

(Repeat with left foot, right and left hand, head, and whole body)

Preschooler (3-5 years): Have your child draw a person and work together to label the body parts.

“Head to Toe” Books

Baby:

Head, Shoulders, Knees and Toes

by Annie Kubler

Toddler:

Nose to Toes, You are Yummy

by Tim Harrington

Preschooler:

I Like Myself by Karen Beaumont

**Read
Aloud
Tip!**

Don’t stop reading aloud, even after your child learns to read. It’s special bonding time with your family!

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