Color an owl for every book you read!

Earn a prize for every 100 books read!
For prizes, call the library or email growingreaders@albanypubliclibrary.org
Here are other great ways to help grow YOUR reader:

“Opposites”

Baby (0-12 months): Mention opposites when you are doing activities with baby (food is hot/cold, diaper is wet/dry). Use toys to teach opposites: you can be inside the house or outside, the plane goes up and down.

Toddler (1-3 years): Teach opposites using movement stand. For instance, while your child sits, and say “I’m standing, and you’re sitting.” Use an action rhyme to talk about opposites:

**This Is Big**
- This is big, big, big (stretch hands far to sides)
- This is small, small, small (cup hands together)
- This is tall, tall, tall (hold palms far apart vertically)
- This is fast, fast, fast (roll hands quickly)
- This is slow, slow, slow (roll hands slowly)
- This is yes, yes, yes (nod head)
- This is no, no, no (shake head)

Preschooler (3-5 years): Ask your child “Where is the sky—is it up?” Or, “Where is the ground?” “It’s down!” Make flashcards with opposite pictures and words on them, and help your child match the opposites.

**Books about Opposites**

Baby:
*What’s Up Duck?* by Tad Hill

Toddler:
*The Foot Book* by Dr. Seuss

Preschooler:
*Black? White! Day? Night!* by Laura Vaccaro Seeger

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Read Aloud Tip!

Picture books can help your child through major events in their lives, such as a new sibling or starting school.